



COVID-19 Update



McDonough County
Emergency Services
and Disaster Agency



McDonough County
Health Department

www.MDH.org/COVID19

www.MCESDA.com

www.mchdept.com

Coronavirus nurse telephone hotline and drive-thru screening station.

McDonough District Hospital has implemented a coronavirus nurse telephone hotline and a drive-thru screening station. These services will be open seven days a week.

If a person is experiencing symptoms of fever, cough, or shortness of breath they should call the nurse telephone hotline at (309) 836-1715 or their primary healthcare provider. The nurse telephone hotline will operate from 7 a.m.-7 p.m.

The drive-thru screening station will operate from 8 a.m.-8 p.m.

What if I feel sick, what do I do?

- **Stay home and in touch with your primary healthcare provider**
- **Avoid public transportation**
- **Stay away from others**
- **Limit contact with pets and animals**
- **Wash hands often**
- **Clean and disinfect**

What symptoms do I need to look for?

The following symptoms may appear 2-14 days after exposure.*

- **Fever**
- **Cough**
- **Shortness of breath**

If you develop emergency warning signs for COVID-19 get medical attention immediately. Emergency warning signs include*:

- **Difficulty breathing or shortness of breath**
- **Persistent pain or pressure in the chest**
- **New confusion or inability to arouse**
- **Bluish lips or face**

*This list is not all inclusive. Please call your primary healthcare provider for any other symptoms that are severe or concerning.

10 things you can do to manage your health at home

If you have possible or confirmed COVID-19:

1. **Stay home** from work, school, and away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



2. **Monitor your symptoms** carefully. If your symptoms get worse, call your healthcare provider immediately.



3. **Get rest and stay hydrated.**



4. If you have a medical appointment, **call the healthcare provider** ahead of time and tell them that you have or may have COVID-19.



5. For medical emergencies, call 911 and **notify the dispatch personnel** that you have or may have COVID-19.



6. **Cover your cough and sneezes.**



7. **Wash your hands often** with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



8. As much as possible, **stay** in a specific room and **away from other people** in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a facemask.



9. **Avoid sharing personal items** with other people in your household, like dishes, towels, and bedding.



10. **Clean all surfaces** that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.



Please go to www.cdc.gov/covid19-symptoms for information on COVID-19 symptoms.

