

 An official website of the United States government
[Here's how you know](#) ✓

Preventive care benefits for adults

All Marketplace health plans and many other plans must cover the following list of preventive services without charging you a [copayment](#) or [coinsurance](#). This is true even if you haven't met your yearly [deductible](#).

IMPORTANT

These services are free only when delivered by a doctor or other provider in your plan's network.

1. [Abdominal aortic aneurysm one-time screening](http://healthfinder.gov/HealthTopics/Category/doctor-visits/screening-tests/talk-to-your-doctor-about-abdominal-aortic-aneurysm) for men of specified ages who have ever smoked
2. [Alcohol misuse screening and counseling](http://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/heart-health/drink-alcohol-only-in-moderation)
3. [Aspirin use](http://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/heart-health/talk-with-your-doctor-about-taking-aspirin-every-day) to prevent cardiovascular disease and colorectal cancer for adults 50 to 59 years with a high cardiovascular risk
4. [Blood pressure screening](http://healthfinder.gov/HealthTopics/Category/doctor-visits/screening-tests/get-your-blood-pressure-checked)
5. [Cholesterol screening](http://healthfinder.gov/HealthTopics/Category/doctor-visits/screening-tests/get-your-cholesterol-checked) for adults of certain ages or at higher risk
6. [Colorectal cancer screening](http://healthfinder.gov/HealthTopics/Category/doctor-visits/screening-tests/get-tested-for-colorectal-cancer) for adults 45 to 75
7. [Depression screening](http://healthfinder.gov/HealthTopics/Category/doctor-visits/screening-tests/talk-with-your-doctor-about-depression)
8. [Diabetes \(Type 2\) screening](http://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/diabetes/take-steps-to-prevent-type-2-diabetes) for adults 40 to 70 years who are overweight or obese
9. [Diet counseling](http://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/diabetes/eat-healthy) for adults at higher risk for chronic disease

10. Falls prevention (with exercise or physical therapy and vitamin D use) for adults 65 years and over, living in a community setting
11. Hepatitis B screening for people at high risk, including people from countries with 2% or more Hepatitis B prevalence, and U.S.-born people not vaccinated as infants and with at least one parent born in a region with 8% or more Hepatitis B prevalence.
12. Hepatitis C screening (<http://healthfinder.gov/HealthTopics/Category/doctor-visits/talking-with-the-doctor/hepatitis-c-screening>) for adults age 18 to 79 years
13. HIV screening (<http://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/hiv-and-other-stds/get-tested-for-hiv>) for everyone age 15 to 65, and other ages at increased risk
14. PrEP (pre-exposure prophylaxis) HIV prevention medication for HIV-negative adults at high risk for getting HIV through sex or injection drug use
15. Immunizations (<http://healthfinder.gov/HealthTopics/Category/doctor-visits/shotsvaccines/get-important-shots>) for adults — doses, recommended ages, and recommended populations vary:
 - Chickenpox (Varicella) (<http://www.vaccines.gov/diseases/chickenpox/index.html>)
 - Diphtheria
 - Flu (influenza)
 - Hepatitis A
 - Hepatitis B
 - Human Papillomavirus (HPV)
 - Measles
 - Meningococcal
 - Mumps
 - Whooping Cough (Pertussis)
 - Pneumococcal
 - Rubella
 - Shingles
 - Tetanus
16. Lung cancer screening for adults 50 to 80 at high risk for lung cancer because they're heavy smokers or have quit in the past 15 years
17. Obesity screening and counseling (<http://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/diabetes/watch-your-weight>)

18. [Sexually transmitted infection \(STI\) prevention counseling](http://healthfinder.gov/healthtopics/category/health-conditions-and-diseases/hiv-and-other-stds) (<http://healthfinder.gov/healthtopics/category/health-conditions-and-diseases/hiv-and-other-stds>) for adults at higher risk
19. [Statin preventive medication](#) for adults 40 to 75 at high risk
20. [Syphilis screening](http://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/hiv-and-other-stds/syphilis-testing-questions-for-the-doctor) (<http://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/hiv-and-other-stds/syphilis-testing-questions-for-the-doctor>) for adults at higher risk
21. [Tobacco use screening](http://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/diabetes/quit-smoking) (<http://healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/diabetes/quit-smoking>) for all adults and cessation interventions for tobacco users
22. [Tuberculosis screening](#) for certain adults without symptoms at high risk

More on prevention

- [Learn more about preventive care from the CDC](http://www.cdc.gov/prevention/) (<http://www.cdc.gov/prevention/>).
- See preventive services covered for [children](#) and [women](#).
- [Learn more about what else Marketplace health insurance plans cover.](#)

Can we improve this page?

[Give feedback](#)

Health Insurance Marketplace[®] is a registered trademark of the Department of Health & Human Services.

An official website of the U.S. Centers for Medicare & Medicaid Services.